

## **Cancer Testimonials (see 21 day challenge at end) 10-12-05**

**NOTE:** Get back with THE XanGo Independent Distributor who referred YOU to this information!

Please also note that XanGo, makes no medical or therapeutic claims about their product, XanGo. XanGo is made with the whole Mangosteen fruit that is rich with Xanthones. Xanthones have been researched by independent scientists & medical doctors. who have no affiliation with XanGo.

Many of the abstracts of their papers can be found at [www.pubmed.com](http://www.pubmed.com)  
See instructions for researching that site at <http://researchmangosteen.com>

**Any testimonial you hear or read about is not to suggest that you might have the same reaction. We merely say, "Try XanGo and see what benefits you receive."**

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The mangosteen fruit grows in sub-tropical climates in SE Asia. **It contains Xanthones, the highest concentration of anti-oxidants found in nature.** Local folklore used its medical benefits for thousands of years, but no one knew how to preserve the nutritional benefits and market the total fruit commercially.

It took American and German ingenuity to come up with the answer. A botanical expert from Utah ran across the fruit 3 years ago in a Thailand restaurant. It tasted delicious. After researching the benefits of the fruit, he contacted the **world's** most respected botanical beverage company, Wild Flavors, (produce SoBe, Capri Sun, etc.) a multi billion co., out of Heidelberg, Germany to solve the manufacturing challenge. Wild Flavors partnered with Xango out of Utah to market the botanical as a health beverage.

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Xango come from the Mangosteen Fruit of S.E. Asia. The mangosteen fruit contains Xanthones - biologically active plant compounds, in fact this fruit has highest concentration of Xanthones than anything else found in nature. For centuries the hull of the Mangosteen fruit has been used in traditional, native medicine in SE Asia.

Xanthones have many properties including antioxidants, potent COX 2 inhibition to reduce inflammation and pain. When tested it was found to have more antioxidants than other nutritional supplement, or health beverage (Noni, Wolfberry Juice) etc

**One well designed, in vitro study showed garcinone E., a xanthone more effective than 5 commonly used chemotherapy agents - (Vincristine, 5-FU., Cisplatinum, Methotrexate and Mitoxantrone for cancers of the stomach, liver and lung.**  
(The only drug more effective was Tamoxifen) **Remember this is a fruit juice not a drug.**

As a Cox 2 inhibitor mangosteen blocks production of Prostaglandin E2 impeding promotion and progression of cancer when DNA damage occurs. It also attacks tumor cells directly.

### **Here's an accepted theory on cancer development:**

**Step 1:** Cancer develops by cellular DNA being damaged by free radicals from pollution, metabolic residues, and infection or disease and then **mutation** occurs.

**Step 2:** Next the damaged cell divides and begins to disobey the rules of normal cell replication. **Cancer now exists.**

**Step 3:** Tumor promoting agents like Prostaglandin E2 then stimulate the growth of the tumor leading to metastasis (cancer spreads throughout the body).

### **Where does the mangosteen phyceuticals intervene in cancer?**

**In addition to being antitumor agent when cancer ALREADY exists, Xanthones PREVENT & STOP cancerous change at every step!** Xanthones provide protection from critical cell damage, by regulating gene expression, repairing free radical damage and blocking production of tumor promoting agents.

As exciting as it is to see the potential for cancer treatment, it's far more exciting to see the potential everyone to be able to potentially prevent the development of cancer in the 1st place or potentially prevent a recurrence when cancer is in remission ! Waiting until you get cancer or waiting for the cancer to return in order to learn how to deal with it, isn't the smartest thing to do. Unfortunately many of your friends who choose NOT to supplement may not be around to celebrate your good health.

## What is a testimonial-

Every patient that goes to see their physician provides them with their own personal experience – (their own testimonial).

The physician based on their judgment, training and insight will interact and treat the patient that day based on their testimonial. Practitioners DO NOT enter each one of their patients in randomized controlled trials.

These personal experiences or testimonials should be looked at no differently. The individuals writing these stories had for the most part already reached out to the traditional medical model which was unsuccessful. We should celebrate that a modality exists to help people in such a profound way. We should also celebrate that Mangosteen juice does so with no toxicity.

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## Recovery from Pancreatic Cancer and the use of Mangosteen Juice

Here is my father's story. He takes 3 oz of mangosteen juice - 3 times a day. In 2000 my father was diagnosed with **pancreatic cancer**. As we finally began to recover from the shock our family pulled together as a team to support mom and help to find a possible cure for this terrible invader. We found a myriad of possible remedies, some that even did some good, but all in all the best we could hope for was to comfort dad's pain. The **diagnosis gave him six to twelve months to live** and even the few minor improvements that came from time to time, **we had all resigned ourselves to the fact that we were losing our father to cancer**. Dad went from **various chemotherapies to surgery to radiation with little or no results**, when the doctor's decided to begin some experimental drugs. In August of this year a good friend in the church told us about mangosteen juice, a health supplement that strengthens the immune system and has had phenomenal results in helping so many people recover from life threatening illnesses.

At this point dad was not eating and couldn't do anything but sit in pain in his recliner and watch TV. He was just biding time. After seeing him that way we decided to try my friend's suggestion & order a case of mangosteen juice, at least give it a try. We had nothing to lose

**3 weeks after he began using the mangosteen mixture he was up with the family for Labor Day, camping the way he used to do. He was active, eating well and ready to indulge in a game of horseshoes with any challengers. No one could believe it, but we were all grateful to have him looking so well and actively enjoying his family again.**

**The following week he was called into the doctor's office to get the results of his Cat-scan when the doctor told him that there was no sign of a tumor!**

Furthermore his blood work was back to normal. He has stopped taking all but one of his medications and is just planning on using that one up. Mangosteen juice was the only thing different during this remarkable recovery and we are so very grateful to have been blessed with such a phenomenal product. We owe our father's recovery to mangosteen juice!

Darla Patterson from Mesa

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## **Pancreatic cancer gone !**

Hi Everyone! As most of you know, my Dad was diagnosed with **pancreatic cancer in March 2005.**

He has undergone **2 surgeries** and was told in June the **tumor was on the portal vein** and **his body had created a new vascular system and additional surgery was not an option.**

He had gone through **6 weeks of chemo and radiation** in April and May and had been looking forward to getting the tumor removed, so the news in June was disappointing to say the least.

The Surgeon told him, to go home and get stronger and when he began having symptoms again, they would address it and hopefully he would have a good year.

During all this time everyone "all of you" have been saying prayers and Dad has faithfully been drinking Xango juice (Mangosteen juice that has excellent results with cancer as well as many other inflammatory illnesses).

**This week Dad went back to get his blood work from his family Doctor and was told the tumor was "inactive" according to the tumor markers in his blood work.**

He said - You've had a miracle, Jack, keep doing everything you are doing!

The test is called: CEA test and is a tumor marker. Dad's was 2 (Normal is 0 – 3)

When Dad was first **diagnosed with cancer, this marker was at 137, NOW IT'S NORMAL!**

THANK YOU GOD!!!! Thank all of you for all your prayers and please, .please keep it up.

Dad isn't changing a thing he is doing. He believes the prayers, Xango and all our faith have given him this time.

I believe I was told about XanGo as a means to help Dad and our whole family at this time in our lives. Thanks for all your prayers - Go XanGo!

Marianne Kohrs

[tjohnson103@cox.net](mailto:tjohnson103@cox.net)

July 16, 2005

**Weight loss from cancer treatment : (Bob Schmidt)**  
**Leonard Hall's testimony about Bob Schmidt's recovery from cancer:**

Barbara Schmidt sent Anne and me some pictures of Bob taken on Christmas day 2002. Bob has been my mentor for 20 years. We hadn't seen him in a year. We were dismayed at what we saw. He was just finishing up a year of serious cancer treatment. Bob had lost some 80 pounds and he looked so ill and weak that Anne and I got on our knees to pray for his recovery.

I met Bob six months later in Las Vegas. I couldn't believe my eyes. He had gained back all his weight, his eyes sparkled, his skin had a glow, and he had regained his strong presence. "Tell me Bob, did you find the fountain of youth," I asked?" Something better," he said.

"A friend gave me a new health beverage made with the mangosteen fruit and I feel it has given my recovery a new lease on life."

He told me the mangosteen fruit grows in sub-tropical climates. **It contains Xanthones, the highest concentration of anti-oxidants found in nature.** Local folklore has used its medical benefits for thousands of years. But no one knew how to preserve the nutritional benefits and market the total fruit commercially.

Bob said it took American and German ingenuity to come up with the answer. A botanical expert from Utah ran across the fruit 3 years ago in a Thailand restaurant. It tasted delicious. After researching the benefits of the fruit, he contacted the world's most respected botanical beverage company, Wild Flavors, out of Heidelberg, Germany to solve the manufacturing challenge. Wild Flavors partnered with a direct sales company out of Utah to market the botanical as a health beverage.

I have been blessed with good health, but my left thumb has been suffering from arthritis pain for several years. One week after taking two ounces of the mangosteen juice daily, the pain disappeared. My son's eczema cleared up in 7 days! Wow!

Leonard Hall  
Las Vegas, Nevada



Bob Schmidt one of the top networkers in the world.  
Because of his experience with his cancer & XanGo, as well the unique story of XanGo and the leadership, he left his previous networking company where he had 70% of the entire representatives underneath him to join XanGo.  
Bob has made 1 Million / year – 31 out of 34 years

## **Colon and Rectal Cancer – resolution of liver metastasis in 14 days**

My **colon/rectal cancer** was discovered Sept. 2002. After **radiation & chemotherapy**, I had **surgery** in Jan, 2003 in which a section of my colon was removed & given a colostomy.

During surgery it was found that **I had 5 lesions on my liver**, where the **cancer had metastasized**. I was told that no further surgery could be done on the liver because of the number of lesions. I was **further treated with 2 types of chemotherapy to stop the growth of the cancer**. The doctor told me that I had **6 months to live if I did not take the chemo treatments and about 18 months to live if I used the chemo**.

**I proceeded with the chemotherapy** and in **August, 2003, I was introduced to Mangosteen Juice by a friend**. I was told about the effectiveness of the xanthones in Mangosteen Juice to fight cancer cells and I decided to try this alternative.

**I began taking one bottle per day of Mangosteen Juice along with a gallon of distilled water. I did this for twenty-one days.**

**I was previously scheduled for a CAT scan about 14 days into the program. The scan showed that four of the five lesions in my liver were no longer discernable in the scan.** My doctor was surprised and asked that I have a more detailed scan, using the **MRI**. I had this scan and the **results confirmed that there was only one lesion left**.

**At this point I had not told the doctor about the mangosteen juice, & still didn't at that point. The doctor reminded me how I would have only about 1 in a million chance of recovering from liver cancer. He said, "Marty, you may be that one !**

**The doctor then suggested a PET scan. This resulted in confirming the same results As the CT and MRI. There appeared to be just the one remaining lesion, which by then had been reduced to less than one centimeter in size.**

**Then I told the doctor about the mangosteen juice, & gave him some literature. I continued taking the Mangosteen Juice for the remainder of the 21 days & THEN I REPEATED the process for another 21 days.**

I am still drinking Mangosteen Juice, however, have decreased the amount to 3 - 4 oz / day. **I believe that the xanthones in Mangosteen Juice (along with the power of prayer) were responsible for the disappearance of the cancerous lesions in my liver.**

I have a contractor in my downline who has a personal friend that has fought cancer for five years now. Five years ago she had one of her breasts removed. Two years ago she found out the cancer was back in the other breast. She had a carcinogen level of 800 in her blood at that time. She has been under radiation therapy since that time. She has gone through the vigorous routine that includes hair loss, vomiting after therapy sessions, decreased immune system so she is sick all the time, not to mention all of the other perks that come along with the treatment. Her carcinogen level has fluctuated between 125-80 during this time frame. Never showing concrete signs of remission. 20 days ago the contractor introduced the mangosteen juice to her. She began an increased dosage regime that included 3 oz/3X per day. During this 10-day period she saw her physician and she had only one radiation therapy. Her carcinogen level in her blood was 110. The next 10 days there were no radiation therapies, only mangosteen juice mentioned dosage regime.

Yesterday after seeing her doctor her carcinogen level in her blood was 8. Her oncologist was **EXTREMELY** interested in the mangosteen juice, where he could get more info about it, and if he could speak to the person who introduced it to her.

The contractor will be educating the physician about mangosteen next week. Does this scientifically prove anything? Of course not. Does this say that everyone will have these same results? Absolutely not. Did this change the life of this cancer survivor? Essentially that answer is, **YES!!!**  
To put it in her own words: "I have a new beginning in life". – William H.

I have introduced Mangosteen Juice to others who have colon cancer and have been told by them that they are having similar results. There are many healing properties in xanthones. I will keep taking Mangosteen Juice and recommending it to all others

Marty Gscheidmeier - Apple Valley, MN

## **Blood Cells / Nupagen Shots / Immune Deficiency / Food Allergies / Eczema**

My Testimony has to do with my youngest son, **Eathan**, who is **now 4 ½ years old**. When Eathan was **8 months old he was diagnosed with failure to thrive**. He had some blood tests done and the results showed that his **liver enzymes were elevated**, but before anymore tests could be done he was growing and gaining weight again. When he was about **10 months old he contracted the RSV virus and had to use a nebulizer with steroid breathing treatments** for about four weeks.

When he was **15 months old he had a low grade fever that spiked in the middle of the night and caused him to have a febrile seizure**. He was taken to the emergency room where they gave him a breathing tube and performed many tests. The doctors discovered that his **red blood cell count was extremely low and his white blood cells were virtually non-existent**. They gave him **three blood transfusions** which stabilized his red cell counts but his white cell count was still extremely low and falling.

After a **bone marrow tap** they discovered he **wasn't producing any neutrophil cells**, or baby white blood cells. They gave him a **Nupagen injection**. After a week in the hospital, he was allowed to come home. **Since his bone marrow still wasn't producing any white blood cells, Eathan had to be quarantined for several months**. With a white cell count as low as his, he couldn't be exposed to people. His immune system was so devastated that he could pick up something off a grocery cart that would give you and me a sniffle, and could be a death sentence to him.

His hematologist started him on a Nupagen regiment. Nupagen is the miracle drug that helps build up one's white blood cell count. We have had to give him Nupagen **injections 1-3 times a week for the past two years**. These injections run about **\$250.00 each**. This would help stimulate production of the white blood cells but would barely maintain them at an acceptable level. **The doctor had warned us that it may take up to three to four years for his body to recover if it did at all**. During this time he **had a high level of food allergies caused by mal-absorption. This led the doctors to believe he also might have celiac disease, due to his elevated gluten levels**. Along with all of these other problems he also had a **moderate case of eczema**.

I was introduced to Mangosteen juice in mid October of 2003. I looked all over the internet for articles on the mangosteen. I couldn't find a reason not to give it to him. I ordered two cases and started giving him the **mangosteen juice** around the first of November, 2003. Eathan had been **on the mangosteen juice for about 3 weeks when I gave him his last injection of Nupagen** right around Thanksgiving time 2003. **He has been on mangosteen juice for about twelve months and hasn't needed another injection for over eleven months**.

**This mangosteen juice has been able to elevate and maintain my son's white blood cell count to an acceptable level**. He has **no more food allergies and his eczema is completely gone**. In the beginning his doctor was totally baffled by this. Now he truly believes that the mangosteen juice is doing something. At his appointment last week he still didn't need a shot and his hematologist said, "Keep giving him that juice!"

Derrick J. Berg  
Jan 13, 2005

## Recurrent Bladder Cancer for 40 years

For approximately 40 years, I have had bladder cancer. I have gone in on a quarterly basis to be checked, and within a year there was always a recurrence needing removal through cystoscopy. In February 2004 I had the cancer removed. In March 2004, I underwent chemotherapy, which severely burned my bladder and urethra and I was in constant pain. The inflammation had increased so much by Sept 04, that my C-Reactive Protein (CRP) was up to 87 (Normal < 3). I had met Dr Sam Walters who had initially recommended I try Mangosteen juice 6 - 8 oz. / day, Within one week, the burning had stopped and I began to have relief. Then in Sept with the severe inflammation he recommended I increase the juice to 1 bottle / day, with a large amount of distilled water to flush out the toxins. My immune system came back into the normal and the CRP decreased from 87 to 5 in 2 months ! I went in for my check-up May 10, 2005 and the Dr. said that my bladder was "as clear as a bell". You can imagine my relief, the first time I have heard that in 40 years! (I am still taking at least ½ bottle a day).

I have also been on 20mg. of Monopril for high blood pressure for many years. Since taking the Mangosteen juice, my blood pressure had reduced gradually over a period of 3 months from high 150's/90's to 120/80 on NO med. and I am 75 years old!

	5/27/04	7/24/04	9/15/04	11/02/04	1/20/05	
Test	I	II	III	IV	V	Normal
C Reactive Protein	4.0	17.9	87.9	5.7	2.1	<1.0

Thank you Dr. Walters & Mangosteen juice!

You can believe I will not be without my Mangosteen juice for the rest of my life.

Jim Ward - Cave Creek, Arizona

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## Resolution of Recurrent Breast Cancer

I have a friend that has been in my life since we were 14 years old. **Her grandmother passed away to Breast Cancer, her Aunt had a double mastectomy and her mother has been battling Breast Cancer for the last few years.**

For these years, **her mother** has been going to a Homeopathic doctor in Mexico and trying various treatments, the most recent being a 'black salve' that she would drink as well as make a poultice out of and place on the tumor in her breast.

**She did no chemo or radiation** as she only wanted to go the natural, holistic route.

When she went to Mexico for her check up a couple of months ago, she was informed that things did not look well. The tumor had grown and her blood pressure was so high that she was in danger of having a stroke at any time. She told her MD that her daughters friend had been telling her about the successes others have had taking mangosteen juice, but that she hadn't wanted to try it until she had given the black salve an honest try. **He told her that while he did not incorporate mangosteen juice in his practice he had done some research on it and had heard good things about it and that she most definitely should try it.**

That was **2 months ago** and since then she has been **consuming from 6-12 oz/day of mangosteen juice**. I received a phone call from her daughter yesterday and she had gone in for her **2 month check up and THE TUMOR IS COMPLETELY GONE!!** She had a **mammogram and an ultrasound and there are no signs of cancer in her body at this time!!!** In addition to that, her **blood pressure was normal** and the **pain she has had in her knees for many years is 80% better!**

Don't lose sight of the incredible gift that we have in our hands with this amazing product. It is just as beneficial for those of us who are blessed with good health and that don't have major health challenges. (14 months of drinking mangosteen juice and still not one migraine for me!

Considering I have had them every 2-3 months since I was 18...

Ursula Terrazas:-)

## Metastatic Colon Cancer

I want people to hear my story. It started in January of 2004. I went to the Doctor with a painful stomach. He misdiagnosed it and gave me some pills. That was a Friday. On Monday at work, I had new symptoms, air and other stuff coming out of my penis. A call to the Doctor came back with " Oh, that's not good" and an appointment with a second Doctor who saw me the next day. He also said "Oh, that's not good", (must have gone to the same school). But he did examine me and found **colon cancer**.

He said it was bad. I took a lot of tests that day and the testers said it would take a week or so to hear from the Doc. He called the next day and scheduled me for surgery that Sunday with the surgeon voted the best colon-rectal surgeon in Kansas City. After surgery, the surgeon said he could not take it out now and would schedule me for radiation and chemotherapy to try to shrink the melon size tumor so he could try to take it out although he did say I would probably lose my bladder and prostate. That's two more Doctors. He also hooked me up with a specialist for the urinary tract surgery.

Audi's Note: **The cancer, above, had spread from the colon to the bladder, prostate, and spinal column. The doctors concluded that they dared not try to remove the tumor, and cause catastrophic damage (fatal damage), they would try to shrink it all first.**

The chemo and radiation came and went and the surgeon got sadder and sadder every time I saw him. He said he might not be able to take it out, as it was not shrinking. I checked this out on the Internet and found that I would have about a year to live. I was 54 and just met my life partner 4 years ago, (married 3 years ago) & I wasn't willing to let that go yet.!

A, (GOD sent), good friend told me of a juice that might help and I went to the surgeon and asked if I could hurt the radiation or chemo and he said I couldn't hurt them and I should try anything and everything that I could think of as they weren't shrinking the tumor. I drank a lot of [mangosteen juice] and 3 weeks later the Surgeon smiled and said, "it's shrinking". At that point I had known him for 4 months and this was the first time my wife (Virginia) and I saw him smile. Two weeks later he said it had appeared to separate from the bone, which meant he could at least remove it, even though that meant sacrificing the bladder and prostate (yes he was smiling again). That meant that I would be able to spend a lot more time with the love of my life.

Now the surgery, (Virginia , said I would be just fine and I believed her), I slept through the whole thing but when I awoke and saw my wife grinning from ear to ear (and she has the prettiest smile)

I knew it was good news-but I didn't understand how good until I talked to the surgeon. He was like a kid with a new present at Christmas, and said, "this was the worst case of colon-rectal cancer he has ever worked on and it turned out with the best results he had ever had". He also said that radiation and chemo can not shrink a tumor from melon size to that of a walnut and he also said he does not know how it peeled it self off of the bladder and prostate. The hole in the bladder was healed up and was in great shape and that did not make sense. He said once-in-a-practice you can only hope for. Needless to say he is now studying [mangosteen juice] for use in his practice.

**Richard Old**

July 26, 2004 8:29 AM



## Cancer Free – Malignant Melanoma

In summer of 2002, Scott had been diagnosed with **stage 4-melanoma cancer**. **It had spread to his Lymph nodes**, which the doctors surgically removed, and seemed to be getting worse. **The doctors told Scott they did not know if he would make it or not, and melanoma is the most aggressive cancer and can spread very rapidly.** Last summer he underwent aggressive therapy. **This therapy had made him very sick (it was actually killing him).**

He decided to go another route and choose **interferon (self injected)**. He did that for several months but had a test in November 2003 and **still had the cancer**.

In **December** Ann and I found out that **[Mangosteen Juice] had been used by a Doctor in Phoenix on hundreds of patients to help relieve the effects of traditional medicine (chemo, interferon etc) with great success.** Not only were the effects of the chemo and interferon relieved but also many patients were becoming cancer free. We told Scott about this and he began drinking [Mangosteen Juice] in December reluctantly.

**Ann met with Dr. Templeman who lectured on the benefits of the mangosteen fruit one day at a conference we attended in San Diego. After the lecture Ann met with him and he told Ann that Stage 4 melanoma was a particularly bad cancer and If he were Scott I would be taking [Mangosteen Juice] and other supplements to help the body rid it self of this cancer.** Of course we came back & suggested to Scott to be more aggressive with the Mangosteen Juice, stop smoking, & begin an exercise program.

**In January Scott began drinking 1 bottle of [Mangosteen Juice] a week or more. He stopped the interferon treatments.**

Scott had a **PET scan on Thursday March 18th 2004**, and Ann and Scott met with the doctor on Friday for the results. **The results were; Scott is cancer free! When the Doctor asked Scott what he attributed this to Scott remarked Mangosteen Juice !**

Greg and Ann Adair  
Sat, 17 Jul 2004

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## Mangosteen juice and Malignant Melanoma

**My upline's son had stage four melanoma cancer.** They put him on a pretty intense regimen of the mangosteen juice and tried to get at least half a bottle and a full bottle per day if possible into him, **for the first 21 days.** I'm not sure what the dosage went to after those first three weeks but **90 days later he was cancer free**, and that was early this year (he still has a clean bill of health today).

Sincerely,  
Gary Beeman - Sun, 17 Oct 2004

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## **Mangosteen, - Stomach, Colon, and Prostate Cancer.**

On **July 18, 2004**, we left Brooke Army Medical Center in despair. **Marshall (73)** had just been released after undergoing **colon cancer surgery**. He had cancer in his intestines, his stomach cavity lining, and his colon. **He had also undergone treatments for prostate cancer. The Doctors at BAMC told him he only had 4 months to live, and maybe 5 months, if he took chemotherapy. He said to his doctor that he didn't want to take the chemo, and he didn't.**

We told our good friend Jim Cobb about this and he said he knew of something which might possibly help. **At that point, Marshall could barely walk, was very weak, had no energy, was ashen gray, and literally looked like "a walking corpse." It was like he had one foot in the grave and the other on a banana peel. Marshall was also very depressed, and so was I.**

Jim took us to see his friend, Ed Johnson, and they told us all about the **scientific research reports they had read about the "Garcinone E Xanthone" in the pericarp of the Mangosteen fruit**, and had learned at a recent seminar. **They spoke with a doctor who said there were no guarantees, or any claims that could be made, but he said that if he had these conditions, he would follow the doctor's advice, and also take a 25oz bottle of mangosteen extract a day for 21 days, along with a gallon of distilled water every day, and then go on 6oz a day of mangosteen and be re-tested.**

Marshall did just that. After the first 21 days, Marshall went to drinking 6oz a day (3oz in the am and 3oz in the pm), of the mangosteen juice, with lots of water. On **Nov. 29, 2004, over four months after his diagnosis**, Marshall had **blood work done**, & on Dec. 9, 04 a **cat scan was done** at Brook Army Medical Center. A few days later, the **doctor met with Marshall and me, and said "it really looks good."** That **"there are just a few small spots left, with nothing life threatening."**

**Marshall is now feeling and looking really good. He has his strength and his life back. We walk a mile a day and dance every Friday night.**

We are so thankful to God, and for Jim and Ed for introducing us to the Mangosteen Juice! This Christmas will be a Very Special Christmas for us, because last July, it definitely appeared that Marshall would not be alive this Christmas.

Marshall Fallin & Mary Lou Johnson  
December 22, 2004

## **Mangosteen – Colon Cancer and Radiation**

My name is Gerald E. Haanen I live in Anacortes, Washington I am a **77 year old gentlemen who never smoked** in his life time and drank alcohol very moderately. I have had comparatively good health all my life up until November 8th, 2001 at which time I went to emergency. I was **diagnosed with Atrial Fibrillation which will continue for the rest of my life.**

**On April 20th, 2004 I was operated on for malignant colon cancer** and had a colostomy. Dr. S. Midwell, my surgeon said he removed 95% of the cancer and only **5% remained. That was left due to my not being physically able to endure 2 major surgeries at one time. I chose not to undertake radiation/chemotherapy treatment advised by my surgeon.** I decided to go to the **Hoxey Clinic (alternative medicine therapy)** in Mexico. They put me on a strict vegetarian diet with a special herbal tonic and I improved rapidly. During all this time I had no pain.

**A couple weeks prior to Nov. 8th, 04 I began to have pain in my lower rectum area. I returned to my surgeon and he found another tumor the size of a walnut. Reluctantly, I began a 7 wk radiation program under the advice of my surgeon.**

**The radiation made me sick and nauseated.** I should mention that **during the month of October everyone, including myself, thought my life was ending. I began to lose weight, and was in pain when I would go to my house of worship for services. I had to lay on a lounge chair I was too weak and in too much pain to sit.**

**Through the concern of a dear friend in December 2004, I reluctantly started Mangosteen Juice. I thought to myself, "another gimmick."**

At that time I was on 10 prescription drugs.

I then started taking a Mangosteen juice regimen on December 4th, 2004.

**I was able to stop ALL my medications except Coumadin.**

I stopped - 1) Prochlorperazine ; 2) Hydromorphone 3) Flomax ; 4) Digitex; 5) Furosemide ; 6) Klor; 7) Diltiazem HCL; 8) Diazepam; 9) Atonally

**If this is not a record, I don't know what is!**

**Freedom from so many prescribed drugs in 30 days made me feel 10 yrs younger.**

**It was during the last three weeks of my radiation therapy, that I informed my radiation doctor that I was on the Mangosteen Juice. He advised me to discontinue it, which I chose NOT to follow through. I continued taking my 2 oz's of juice daily with meals along with radiation. My radiation treatments then ended Dec. 20, 04; at which time my doctor was unable to physically find any trace of cancer.**

**I personally feel very positive it is all gone. Only time will tell. From the day I started taking Mangosteen I immediately started feeling better.**

**Today I feel like I could run a 10 mile marathon. I can truthfully say I feel as strong & youthful as I was 10 -15 years ago. I can only speak for myself.**

**Yvonne, my wife started taking Mangosteen about 3 ½ wks ago. She has much more energy now, and also has no more arthritis pain in her hands and fingers. The eczema she has had since childhood has completely cleared up.**

**Every M.D. I have seen this past month cannot believe the changes in me. They say, "Jerry, we don't know what you're doing but keep it up!" It's unbelievable!**

Jerry Haanen. Anacortes, Washington. .... jh\_ol\_tymerbuggydays@ yahoo.com  
Jan 15, 2005

## Lung cancer

On May 2002, I was diagnosed with **lung cancer** (Adenocarcinoma).

The tumor on my left lung was **5½ cm. in diameter**, plus **another 2 cm. engulfing my aorta**. The thoracic surgeon informed my husband and I that **surgery is not possible because of the location of the tumor. He said that just a prick of the needle to the aorta will be catastrophic.**

The radiologist also said that the **fast reaction of the radiation will unplug the holes on the aorta due to highly possible invasion of the tumor on the walls of the artery.**

The oncologist suggested chemotherapy, if I want to take the big risk.

She was **concerned about the effect of the chemo on the aorta, which might cause internal bleeding.** She was only giving me an option because of my age (I was **just 48 years old then**). She said that if I was older, she wouldn't even consider it. My oncologist presented the worst case scenario, that without the chemo, in 15-18 months it would be downhill for me. **With chemo, in 3 months time, when the drug starts to take effect and the result is not good, it might be the end of me.** After almost two weeks of deliberation with my family, I decided to have the chemotherapy and take my chance.

I had the therapy for 5 months, and with positive results, the radiologist took over and gave me **thirty days of radiation.** I was **in remission from Dec. 2002 to Dec. 2003.**

**Unfortunately, there was a re-growth of about 2cm in the location.**

Again, I underwent a series of **chemotherapy** from January to April 2004. This time, the effect of the drug was too much to bear. **I lost all my body hair, my finger and toe nails, my taste buds were gone and swallowing was so difficult.** My oncologist decided to give me a two-week break. My husband and I took this opportunity to go to the Philippines to be with my loved ones. During this visit, my older sister placed a Jade mattress on my bed. After two days of using it, I was able to have a really good sleep. As a result, my sister insisted we take the mattress with us to Australia.

Upon my homecoming, I was scheduled for another series of chemo with a different drug. However, with just one treatment, the tingling sensation I felt in my toes and legs returned. I explained my situation to my oncologist and she decided to stop the treatment altogether. **The therapy was not helping me anymore, it had no effect on the tumor and it had potential to cause more damage to my organs. The doctor made an appointment for me to see a palliative care doctor which I cancelled.**

**I spoke with my Aunt from the States about the matter. Tess, begged me to try the Mangosteen juice.** I was hesitant, but she sent me the first four-bottle batch of juice anyway. **I agreed to start drinking the juice on June 17, as a birthday present. Three days upon drinking the juice, 90 mls ( 3 oz ) three times a day, the bloated feeling I had been subjected to during treatment had disappeared. I was able to carry out more activities around the home and before I realized it, I could continue walking and performing house chores for extended periods without feeling short of breath. The quality of my life had improved. I haven't taken any medicine/pain relievers since then.**

**I had the progressive chest and abdomen scan on September 6.** The next day upon seeing the oncologist, she commented on my healthy appearance. She read the results of the test, the conclusion stating: **"Near complete resolution of the left pleural effusion. Otherwise stable features with no evidence of disease progression."**

She displayed the films to us, explaining **"there is no evidence of cancer cells**, only the scarring caused by radiation. Congratulations, you can now enjoy your life again!

No more tests, just follow up in 3 months time." My faith in God kept me going.

Please contact me if you need any further information.

Thank you.

Lita

## Chemotherapy and Breast cancer

Yes i do know of a lady who is taking chemo and she takes **9 ozs. of mangosteen juice per day** . She has seen her **CA125 lowered by 600 points this month** . She was diagnosed with breast cancer in May of this year and she is doing great on the juice !!

Elizabeth Church - 15 Aug 2004

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## Multiple Myeloma and Mangosteen Juice

Tessie Barrantes(see testimonial #1 below) is a 74 year old retired teacher who Lives in San Francisco. While visiting her daughter in Hawaii, **she was diagnosed** with **multiple myeloma & they also found a tumor in her hip.**

Her blood count was 3.8 & the doctors gave her 6 pints of blood.

**Before taking [mangosteen juice],she was very weak and depressed.**

We donated [mangosteen juice] bottles to her.

Thanks,  
Marlene L. Balingit  
510-427-1174

### Testimonial #1 –

I was at the Anaheim Convention Center this last weekend for the Catholic Family Conference. There were about 7,000 people who attended the conference.

I ran into one of the cancer patients I know personally, who is taking the mangosteen juice. When I saw her I exclaimed "**Tessie Barrantes**, what are you doing here? **2 months ago, you looked terrible; almost dying ! Look at you now and you made it here?**"

She was laughing. She told me they **drove from S.F to L.A. last Friday ( 8 hours )** , the day after she had her chemo. And she looked fine, although a little bit tired and pale. Imagine that? She said her doctor allowed her to travel.

She lasted the whole weekend; tired but still looking better than 2 months ago. A parishioner from San Bruno church saw her on our last day there and **she was shocked to see her there and alive because the last time this person talked to Tessie, she thought she was not going to make it; she was dying!** When she heard the story from Tessie, **she asked me and my friend for a case of mangosteen juice to be sent to her uncle who has prostate cancer !**

### Testimonial #2 – Breast Cancer

A friend of mine whose niece has **breast cancer** and has been **taking the juice for 2 months now**, called me tonight and told me a happy story about her niece's healing progress. They **went home to the Philippines for a visit.** She said **her niece is very energetic and has very good appetite. She did not get tired during the trip**, and even during the hot days and whole day of shopping in Manila. She said **her niece even walked faster than them and was teasing them about their lack of energy.**

They were really amazed at her progress; considering they were very, very skeptical of the mangosteen 2 months ago.

## Cancer, Severe Cancer Pain, Diabetes

My son in law had share with my wife and I a new product he was very excited about. Now mind you, when he gets excited about a product we listen because he knows what he is doing when it comes to supplements and nutrition.

I will start with my **wife** first. She **has lymphoma** and has been experiencing **a lot of pain in her back**. We know that the **pain was coming from her lungs, due to the fact that they continue to fill with fluid**. Two days before Thanksgiving we took her to the emergency room because she could not breath and the pain was excruciating. They **did a scan and told her it was not fluid however it could be that the cancer is getting worse, a pulled muscle or another tumor putting pressure on the lung**. Needless to say, they did nothing for her and told her she would have to see what the results of the scan was on Monday.

My son in law gave her a bottle of **[mangosteen juice]** and told her to drink **2 oz a day**. **She started Thanksgiving Day. By Saturday she had absolutely no more pain. Today she is out and about, went to breakfast with me and is feel great. I just had to sit down and share my excitement with you and your team.**

(UPDATE: Two weeks and off all pain medication, great energy, color is good, and doing a lot of shopping and preparation for the holidays which I wasn't even sure I would see a few months ago.)

I am a **diabetic**, take **blood pressure medicines** and I am **68 years old**. I noticed **hair was coming back in places that I have not had hair in years**. Because of my diabetes I have lost hair on my chest and my legs. I also have a **toe that has had a fungus on it for years**. Today, the toe looks great & I have peach fuzz hair returning on the bald spots.

**Because of my medication and diabetes I have not been able to have an erection for several years, this morning I woke up with an erection!** This product is totally blowing our minds! I know my son in law knows what he is talking about however; I could not imagine a product that taste great could actually help in so many areas of our health. **When he told me all of the benefits of the product I must say it sounded to good to be true**. However, today you have made me a complete believer.

(UPDATE: **Two weeks have passed and I can make a tight fist, enjoy making love with my wife, my blood sugar is staying incontrol, I am walking much greater distances**, and I am even considering becoming a distributor because all of our freinds are buying [mangosteen juice] now.)

I want to thank you all for sharing this product with my wife and me! We feel great and the only thing different we have done is added [mangosteen juice] to our diets! It taste great and we feel awesome!

Thank you,  
Willett A. C.

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### Mangosteen juice & Lymphoma cancer and increasing white blood cell counts

I have a friend who has lymphoma cancer – it had been in remission. **As is common after chemo her white blood count was too low for chemo again. She started on Mangosteen juice, her white blood count went up to normal, and she had her second chemo right on schedule.**

Freda Douglas - Wed, 28 Jul 2004

## Leukemia and Mangosteen Juice ... updated 11/17/2004

I was introduced to Mangosteen juice by a very good friend, Marlene Balingit. She said she needed help with promoting someone, so I signed up. She sent me a bottle of Mangosteen juice marketed by XanGo. Marlene called me about a week later to see how I was doing. I told her I did not take it, so she encouraged me to try it. When I took it, I did not notice anything differently. We have since realized that if it were one case I would have had immediately results.

On April 1, 2004, Marlene asked me to call a mutual friend of ours, Dr. Armando De Guzman of Arizona. I explained to him that I was hospitalized with leukemia July 3, 2003 for 14 days, and had received 8 pints of blood. My doctor had told me that I was 2 to 4 weeks from being dead. I had lost 80% of my red blood cell count. I told Armando that I went through the chemo therapy, but I did not want to go through that again. I also told him that my messed up immune system had activated my hepatitis C. The treatment for hepatitis C lasts 48 weeks of taking one shot (\$170 each) of interferon per week and one chemo pill (\$17 each) every day. Since I did not want to do that, I looked for alternatives. I was invited to a seminar by a friend of mine on alternative healing I even considered going to the Gerson Clinic in Mexico.

Dr. De Guzman advised me to take 3 ounces of Mangosteen juice 3 times a day. I started April 15, 2004. May 28th I attended a meeting by Chuck Kidd. Friends that I had known for many years talked about their personal challenges and also their victories. That gave me hope. There were several things that I did not tell them, such as the 4 lesions in my spleen and the 3 lesions in my liver. The lesions were from the leukemia. I also had 2 nodules under my right arm pit and 1 under my left arm pit. The side effects of hepatitis C made me feel like I had the flu 24 hours a day.

I had fever all of the time, my joints ached and my eyes always felt hot. I had 2 to 3 migraines a week, and I always had this feeling that I had a cotton ball in my ear. My viral load count was 270,000. I had no energy, and I was always asleep by 9 PM. Just to try to feel better, I took 2,500 mg of Tylenol, but I did not consider the potential side effects.

After 2 weeks of taking Mangosteen juice, symptoms began to go away. My energy level was back to how I felt 3 years ago.

On Nov16, 2004, I went for a CAT scan and blood test. I am pleased to say that the nodules under my arm pits are gone.

- All of my lesions are gone.
- My viral load count is down to 40,000 from 270,000, and my enzyme count is down to 30(normal) from a high of 90.
- My liver is functioning normally.
- My blood count is up to 14.9 from 12.0, and my platelet count is up to 295,000 from 100,000.

I learned from a CD by Dr. Frederic Templeman that the mangosteen fruit has something that excites the bone marrow to generate red and white blood cells. I got very excited when I learned this information.

I have to say, "Thank you, Marlene for saving my life." She never gave up on me. It took 6 months, but I finally came around. Never ever give up on your friends ... be persistent! I will never give up on my friends that have health challenges because I know that the Mangosteen juice can help. My goal is to share my story with everyone that I know and meet. I truly believe that everyone will benefit when they discover the Goodness of the mangosteen fruit. I have beaten two major illnesses in two different ways. I beat Leukemia with chemo therapy and I beat hepatitis C the natural way.

Edwin

<b>Date of Tests</b>	<b>Viral Load Count</b>	<b>Platelet Count</b>	<b>Blood Count</b>	<b>Enzyme Count related to Liver</b>
<b>Jan 2004</b>	<b>270,000</b>	<b>100,000</b>	<b>12.0</b>	<b>95</b>
<b>May 2004</b>	<b>190,000</b>	<b>140,000</b>	<b>12.9</b>	<b>45</b>
<b>Aug 2004</b>	<b>140,000</b>	<b>185,000</b>	<b>13.8</b>	<b>45</b>
<b>Oct 2004</b>	<b>90,000</b>	<b>225,000</b>	<b>14.7</b>	<b>normal</b>
<b>Nov 2004</b>	<b>40,000</b>	<b>245,000</b>	<b>15.4</b>	<b>normal</b>
<b>Dec 2004</b>	<b>31,000</b>	<b>395,000</b>	<b>15.8</b>	<b>normal</b>
<b>Jan 2005</b>	<b>19,000</b>	<b>435,000</b>	<b>16.9</b>	<b>normal</b>
<b>Feb 2005</b>	<b>8,500</b>	<b>475,000</b>	<b>17.4</b>	<b>normal</b>
<b>Mar 4,2005</b>	<b>13</b>	<b>513,000</b>	<b>18.6</b>	<b>normal</b>
<b>April 2005</b>	<b>0</b>	<b>569,000</b>	<b>18.9</b>	<b>normal</b>
<b>May 2005</b>				



## Breast cancer and Mangosteen juice

I have a contractor in my downline who has a **personal friend that has fought cancer for five years now. 5 years ago she had one of her breasts removed. 2 years ago she found out the cancer was back in the other breast.** She had a carcinogen level of 800 in her blood at that time. She has been under **radiation therapy** since that time. She has gone through the vigorous routine that includes hair loss, vomiting after therapy sessions, decreased immune system so she is sick all the time, not to mention all of the other perks that come along with the treatment. Her carcinogen level has fluctuated between 125-80 during this time frame. **Never showing concrete signs of remission.**

**20 days ago the contractor introduced the mangosteen juice to her.** She began an **increased dosage regimen that included 3 oz / 3 times per day.** After the first ten days she seen her physician. During this 10 day period she had only one radiation therapy. Her carcinogen level in her blood was 110. The next ten days there were no radiation therapies, only mangosteen juice in the mentioned dosage regime. **Yesterday after seeing her doctor her carcinogen level in her blood was 8. Her oncologist was EXTREMELY interested in the mangosteen juice,** where he could get more info about it, and if he could speak to the person who introduced it to her. Does this scientifically prove anything? Of course not. Does this say that everyone will have these same results? Absolutely not. Did this change the life of a cancer survivor? Essentially the answer is, YES! **To put into her own words: "I have a new beginning in life".**

Respectfully,  
William Hart

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## Recurrent Breast Cancer, Chemotherapy, & Mangosteen juice

I had **recurrent breast cancer**, and I was going through my third round of chemotherapy (Taxol and Carboplatin) when I was introduced to Mangosteen Juice back in January 2004. I asked my oncologist about this, and he also said not to take an excess of anti-oxidants for the same reasons mentioned below. But, he said I could get all my anti-oxidants only from the "food" I eat. So, since mangosteen is a food, I took only 2 ounces (a maintenance dose) a day during chemo and radiation treatments. Once I started taking the mangosteen, **I had no more nausea and I never got a cold or the flu which was going around at that time even though my blood counts were low.** I did still experience the severe body aches and fatigue from the chemo, however.

**Once my therapies were over, I went to drinking 6 ounces a day,** and I have **recovered nicely from both therapies & regained my blood counts within 1 month. I have come out of the depression I was in** during this recurrence of cancer.

I had **acid reflux**, & was on Prevacid for past 5 years, & **now I don't need the Prevacid.** I also had **borderline high blood pressure, which is now normal.**

I had **fibromyalgia, which is completely gone** also.

**My husband is blind and a type II diabetic and his blood sugars went from the mid 200s to the low 100s on 6 ounces a day. (It took about a month.)** He has had problems with a fungal itch all over his body for a long time, and now that his **blood sugars are lower,** he is **finally showing signs of healing from this fungus.**

Now that I am feeling better, I am interested in working the business side of Mangosteen juice and am beginning to sign up distributors. **I need the finances from this business desperately to avoid bankruptcy,** so I am trying to learn as much as I can about doing the business. My goal is Premier by Christmas!

I am a believer in drinking mangosteen for the rest of my life! I feel great!

Eve Heltzelz - Fri, 13 Aug 2004

## Mangosteen juice- Ovarian tumor and Eczema

December 23, 2003, I had a large ovarian tumor removed. Because of the size and the way the tumor looked additional blood tests were done. One of the test they ran was to check my CA 125 levels. (Woman with high levels of CA 125, a tumor marker that **may indicate the presence of ovarian cancer cells, have a higher than average risk of developing ovarian cancer**) In Dec. my CA 125 level was at 93, the normal high is 35. Anything 35 and over they start looking and treating for possible ovarian cancer.

**April 7, 2004** , I took the Mangosteen Juice twice a day. The amounts varied. On June 23, 2004 , in my 6 month follow, I had the CA 125 blood test done. When my Dr. said the test results looked great I was very anxious to know how much the level had dropped. My levels today are at 24 !!!!!!!!!!!!!. He was very excited about the drop and mentioned that some times it takes up to 2 years to see the levels drop that much. I told him what I was doing the past 2 months or more, he just waved his hand indicating that had nothing to do with the levels dropping, & went on talking. I took ave. of 3 oz 2X / day.

I KNOW what I just experienced was mangosteen juice. Now I believe in mangosteen juice !

Another story. A Lady I work with had **eczema really really bad**. She has this skin problem for years. She has been using a prescription suave on her hands. From time to time it would get better, other times it was so bad **her hand would get really raw and red and lots of blisters and was now between her fingers**. A few weeks ago I had the courage to tell her about [Mangosteen juice]. She went off on me, stating nothing like that would ever work.

I spoke with Johanna about my experience, Johanna suggested that I give her one more piece of information and then make a statement of confidence on the [mangosteen juice] product, but also let her know that it is entirely up to her what she wants to do. I had barely stated my statement when she said, "Bring me a case of 'that' juice you have, I will do anything to get rid of this pain." She was taking 2 oz twice a day.

I brought her a case on a Thursday, she started taking it as soon as she got the product. The following Wed we talked about the results she's had. **In less than a week, her hand was no longer raw, only red but looked healing, the eczema was no longer between her fingers. She had such great results that she is a believer of the product.** Laughingly she said, "the day before I started on the Mangosteen Juice I paid a stinkin' \$51.00 dollars on a suave that never worked." I told her, "You should have started taking the Juice several weeks ago." She agreed.

Fern Bontrager from Indiana – June 24, 2004

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## Cancer & Impotence

I wanted to share a personal and exciting testimony with the team behind Mangosteen juice. My son in law had share with my wife and I a new product he was very excited about. Now mind you, when he gets excited about a product we listen because he knows what he is doing when it comes to supplements and nutrition.

I will start with **my wife first**. She has **lymphoma** and has been experiencing a lot of pain **in her back**. **We know that the pain was coming from her lungs, due to the fact they continue to fill with fluid.**

**2 days before Thanksgiving we took her to the emergency room because she could not breath and the pain was excruciating. They did a scan and told her it was not fluid however it could be that the cancer is getting worse, a pulled muscle or another tumor putting pressure on the lung. They did nothing for her & told her she would have to see what the results of the scan was on Monday.**

My son in law gave her a bottle of [mangosteen juice] & told her to drink 2 oz a day.

**3 days later she had absolutely no more pain. Today she is out and about, went to breakfast with me and is feel great.** I just had to sit down and share my excitement.

**(UPDATE: 2 weeks and off all pain medication, great energy, color is good, and doing a lot of shopping and preparation for the holidays which I wasn't even sure I would see a few months ago)**

Now, here comes the real test of your product! **I am a diabetic, take blood pressure medicines and I am 68 years old.** I too, started taking the [Mangosteen juice].

I also have a toe that has had **fungus on it for years. Today, that toe looks awesome.**

This is the part of my testimony that is personal and a bit wild. **Because of my medication and diabetes I haven't been able to have an erection for several years, this morning I woke up with an erection !** This product is totally blowing our minds! I could not imagine a product that taste great could actually help in so many areas of our health. When he told me all of the benefits of the product I must say it sounded to good to be true. However, today you have made me a complete believer.

**(UPDATE: Two weeks have passed and I can make a tight fist, enjoy making love with my wife, my blood sugar is staying in control, I am walking much greater distances, and I am even considering becoming a distributor because all of our friends are buying [mangosteen juice] now.)**

I want to thank you all for sharing this product with my wife and me! We feel great and the only thing different we have done is added [mangosteen juice] to our diets! It taste great and we feel awesome!

Thank you,  
Willett A. C.

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## Mangosteen juice & HIV

From [www.mangosteenmd.com](http://www.mangosteenmd.com) which is Dr. Templeman's website. (Q&A section for Immune System)

"Q. A friend of ours has been diagnosed HIV positive. This diagnosis was done several years ago. The disease has not as yet progressed to the AIDS stage. This person takes very good care of his health. He works out daily, eats a very good and healthy diet and is in good health other than the HIV. What will Mangosteen juice do for him? How should he take Xango and in what quantities?

A. I would suggest that he take 1 oz, 3x a day if he can afford it. It will help to preserve his health by boosting his immune response but it will not cure the HIV."

Also, go to [www.pubmed.com](http://www.pubmed.com) and enter xanthone in the search. I was going through the articles looking for info on Parkinson's and remember seeing a study on HIV.

Ben & Debby Cossart - Sun, 4 Apr 2004

## **Xango - The "21-Day Challenge"**

Mangosteen Juice in facing the challenge of cancer.

A) drink 1 whole bottle juice (about 25 oz.) PER DAY X 21 days

B) PLUS about a gallon water, such as DISTILLED water.

The "21-Day Challenge" proposes that individuals who have critical health issues—such as just about any form of cancer—issue a challenge to their health condition by committing themselves to drink an entire 25 oz. bottle of mangosteen juice each day for a period of 21 days, **\*\*PLUS\*\*** drinking at least one gallon (eight 16 oz. glasses) of pure water—such as spring water—along with the juice. The 4 to 6 hour half-life of mangosteen juice in the body would suggest that the consumption of both juice and water be spread out somewhat evenly throughout the 24 hours.

This is important in order to **flush the toxins from the body**. He did say the only uncomfortable thing about it all was the need to stay very near a bathroom at all times!

**\*\*NOTE:** It is essential that the recommended amount of water be consumed along with the juice. As the mangosteen juice is consumed, the cells begin to function normally to clear and release toxins into the blood stream—and these toxins must be eliminated from the body. The rule of thumb for water consumption is 1/2 ounce for every pound of body weight for those who are sedentary, or 2/3 ounce for every pound of body weight for those who are active. For example, if you weight 100 pounds and are not active you would drink 50 ounces of water.

To make sure you are drinking all the water you need, find a large pitcher and fill it in the morning, making sure to consume all of the water before evening (refilled as necessary). Otherwise, you will think you've had enough water, but in fact, that is seldom the case! (If you are unable to drink the required water, it is better to use less mangosteen juice)

To get the Mangosteen Juice cheaper, a person can pay \$35 to become a XanGo member and get the XanGo at wholesale prices. It is not necessary for them to do the business if they don't choose to. The \$35 distributor kit is then, in essence, the same as a "membership" to a store such as Sam's Club, Costco or something similar.

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**NOTE: Be sure to get back with THE XanGo Independent Distributor who referred YOU to this information!**

***Please also note that the company, XanGo, makes no medical or therapeutic claims about their product, XanGo. XanGo is made with the whole Mangosteen fruit and is rich with Xanthones. Xanthones have been researched by independent scientists and medical doctors who have no affiliation with XanGo. Many of the abstracts of their papers can be found at [www.pubmed.com](http://www.pubmed.com) -- see instructions for researching that site at: [www.ResearchMangosteen.com](http://www.ResearchMangosteen.com)***

***Any testimonial you hear or read about is not to suggest that you might have the same reaction.***

***We merely say, "Try XanGo and see what benefits you receive."***